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| **Fraternity:** | N-D-de-St-Esprit | Laurette Thibodeau |
| **Location:** | Eglise N-D-de-Lourdes, Vanier | 243, rue Garnier, app. 8 |
| **Frequency:** | 4th Wednesday of each month | Gatineau, Québec,  J8P 3E5laurethi@videotron.ca |
| **Time:** | 14h à 16h/2:00 to 4:00 p.m. | (819) 643-9356 |
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| **Fraternity:** | Ste-Anne des Pins | Jacqueline  Beausoleil |
| **Location:** | Paroisse Ste- Anne | 547, Hwy 64, C. P. 225 |
| **Frequency:** | 2nd Friday of the month | Alban, Ontario,  P0M 1A0 |
| **Time:** | 14h/2:00 p.m. | (705) 561-8311 |
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| **Fraternity:** | St-François d'Assise | Jean-Claude Desormeaux |
| **Location:** | Eglise paroissiale 1060, rue Wellington Ouest, Ottawa, Ont. | 165, Des Rédemptoristes |
| **Frequency:** | 2nd Monday of each month | Gatineau, Québec,  J1H 6K7mcdjcd87@sympatico.ca |
| **Time:** | 19h à 21h/7:00 to 9:00 p.m. | (819) 682-1535 |
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| **Fraternity:** | St-Nicolas | Charlotte Gauthier |
| **Location:** | Eglise St-Félix rue Glengarry Cornwall, ON | 756, rue Guy |
| **Frequency:** | 2nd Thursday of each month | Cornwall, Ontario,  K6H 4W3 |
| **Time:** | 14h à 16h/ 2 - 4 p.m. | (613) 932-0905 |