

*St. Francis of Assisi Fraternity
Cornwall, P.E.I.*

ST. FRANCIS OF ASSISI FRATERNITY NEWSLETTER

June 2019

VOLUME XXXI NO. 6

On June 13th, the Church and the Franciscan Family marks the Feast of St. Anthony of Padua. St. Anthony of Padua was born in 1195 in Lisbon, Portugal, and died in Padua, Italy. He was known for his forceful preaching and expert knowledge of scripture. St. Francis had held a strong distrust of the place of theological studies in the life of his brotherhood, fearing that it might lead to an abandonment of their commitment to a life of real poverty. In Anthony, however, he found a kindred spirit who held the same vision and who was also able to provide the teaching needed for young members of the Order who might seek ordination. In 1224, Francis entrusted the pursuit of studies for any of his friars to the care of Anthony. St. Anthony was canonized quickly, dying on June 13, 1231 and canonized May 30, 1232. He was also proclaimed a Doctor of the Church on Jan. 16, 1946.



St. Anthony is the patron saint of finding things or lost people. According to tradition, Anthony had a book of Psalms that was of some importance to him as it contained the notes and comments he had made to use in teaching his students. A novice who had decided to leave took the Psalter with him. Upon noticing it was missing, Anthony prayed it would be found or returned. The thief was moved to return the book to Anthony and also to return to the Order. The stolen book is preserved in the Franciscan friary in Bologna.

(Adapted from <https://usfranciscans.org/2016/01/03/15-important-days-of-the-year-for-franciscans/>)

Rite of Admission & Ceremony of Acceptance



The Rite of Admission for Kathleen May and Brad Goodick took place during the fraternity meeting on May 5, 2019. Incorporated in this celebration was the Acceptance of Nasser Saad to continue his journey in formation to follow Christ in the footsteps of St. Francis.

The Rite of Admission and Ceremony of Acceptance was very celebratory with a number of fraternity members playing an integral role and the music ministry providing very thoughtful and uplifting music.

It was heart-warming to see Kathleen, Brad and Nasser hug each other at the end of the ceremony. It was obvious how meaningful this was for them and the entire fraternity!

Prayer

The following prayer has been composed by Nasser Saad. It is beautifully crafted, complete with scripture references. Nasser has given permission for his prayer to be published in this month's newsletter.



Lord,



You are my Beginning, my End Revelation 22:13,
my Everything 2 Peter 1:3, *my Comfort* Isaiah 12:1,
my Deliverer Psalms 144:2, *my Desire* Isaiah 26:8,
my Defence Psalms 118:14, *my Defender* Psalms 18: 1,
my Father Isaiah 64:8, *my God* Hosea 2:23,
my King Psalms 44:4 , *my Glory* Psalms 3:3,
my Guide Isaiah 48:17, *my Healer* Exodus 15:26,
my Help Hebrews 13:6, *my Hope* Psalms 25:5,
my Hiding Place Psalms 32:7, *my Joy* Isaiah 61:10,
my Keeper Psalms 121:5, *my Fortress* Psalms 18:2,
my Lamp 2 Samuel 22:29, *my Light* Micah 7:8,
my Life Deuteronomy 30:20, *my Love* Psalms 18:1,
my Salvation Psalms 27:1, *my Song* Psalms 15:2,
my Strength Exodus 15:2 , *my Victory* 1 Corinthians 15:55,
my Shepherd Psalms 23:1, *my Saviour* 2 Samuel 22:3,
my Satisfaction Philippians 4:19, *my Security* Jeremiah 46:27,
my Shield Exodus 15:2, *my Protector* Psalms 32:7,
my Portion Psalms 119:57, *my Potter* Isaiah 64: 8,
my Peace John 14:27, *my Refuge* Psalms 31:4,
my Redeemer Isaiah 63:16 , *my Reality* 1 John 5:13-15,
my Rest Psalms 62:5, *my Rock* Psalms 18:2,
my Truth John 14:6, *and my Trust* Proverbs 3:5 .



Formation

The focus of ongoing formation at the June fraternity meeting will be **Justice, Peace and Integrity of Creation (JPIC)**. For the last 10 years, our fraternity has repeatedly identified JPIC as one of its primary goals. At each of our meetings, the JPIC team presents the **JPIC Moment** (issues for discussion and appropriate actions for individuals to consider). Moreover, many of our members actively support outside groups that lobby and demonstrate for justice and peace and the care of creation.



The JPIC team will lead the formation session at the June 9 fraternity meeting. We will examine the reasons for our commitment to JPIC and, among other things, suggest that JPIC is an inherent part of Franciscan spirituality.

To prepare yourself for the formation session, we ask you to do the following:

- Read James 2:17.
- Read articles 14, 15, 17, 18 and 19 of our Rule. As you do this, **choose one word in each article that relates to JPIC AND ask yourself which one of these 5 articles personally speaks to you the most.**
- **Bring your copy of the Rule** (the little red book) to the June 9 fraternity meeting.

Justice, Peace and Care of Creation

BUILDING RELATIONSHIPS WITH PEOPLE FROM OTHER CULTURES

by Willie Guadalupe, OFS

Once you have decided to associate with people from a different culture, you can make friends with them in much the same way as you would with anyone else. You may need to take more time, and you may need to be more persistent. Reach out and take the initiative. People who have been mistreated by society may take more time to trust you. Don't let people discourage you. There are good reasons people have built up defenses, but it is not impossible to overcome them and make a connection. It is called the language of LOVE!

One of the first and most important steps is to show up in places where you will meet people of cultures other than your own. Go to meetings and celebrations. Visit restaurants and other gathering places. People of a cultural group will notice if you take the risk of coming to one of their events. (from the TAU-USA Newsletter, Winter 2018-19, # 96)

Take Action:

1. Ask a friend from the fraternity to join you at one of the Newcomers social events and gatherings listed in the package you received at the meeting. (<https://www.peianc.com/>)
2. Don't be shy, greet and engage people in conversation at church, waiting for the mail or in the grocery line.
3. Write up an encouraging experience you have had in reaching out for the newsletter. Less than 250 words.

Our Lady Of Hope Retreat Centre



Recently, Ruth and Mike Cassidy took advantage of a rare dry and sunny day to install the plaque within the Secular Franciscan site at the Our Lady of Hope Retreat Centre. The plaque had been ready since last November, but could not be installed until the close of winter. Various locations were assessed but, in the end, it seemed to work best between the 2 concrete benches. The site, as well as the plants, all seemed to have wintered well. Thanks Ruth and Mike.

News from Brother Leo Fraternity

Mother Fraternity, we were so glad that you were able to be with us for the afternoon retreat on Sunday, May 26th. Your support to our small fraternity - your sons and daughters - was greatly appreciated. A special thank you to Doug Hagen for his presentation. It was like a homecoming for him and for us since he was our first Spiritual Assistant, serving for 12 years. Our current Spiritual Assistant, Marion Clorey, was unable to attend and held us up in prayer. Members from both fraternities who were unable to come did the same. Thank you. It was also good to have Leonarda MacNeil with us to facilitate and lead the music. Her dedication to take that long trip on the ferry is most appreciated by her brothers and sisters.

Members of Brother Leo Fraternity will be making our annual visit with our Mother fraternity during your June fraternity meeting. In July, at Claudia's cottage, there will be a joint meeting of our two fraternity councils to discuss successes and concerns and, later that month, Brother Leo Fraternity will hold its summer gathering at the same location. We look forward to seeing all of you at the Island Fraternities Picnic at Joan's cottage in August. We also ask for your prayers for Claire who is facing more heart procedures in Halifax, and Winnie who is in formation and who also has some illness in her family.

Have a safe and blessed summer when the good Lord, in His wisdom, sends it to us ☺.

Pax et Bonum! Little Lambs of God, Brother Leo Fraternity.

National Spiritual Conference 2019

Invitation to all Secular Franciscans

“The 800th Anniversary of the Encounter between Saint Francis and the Sultan”

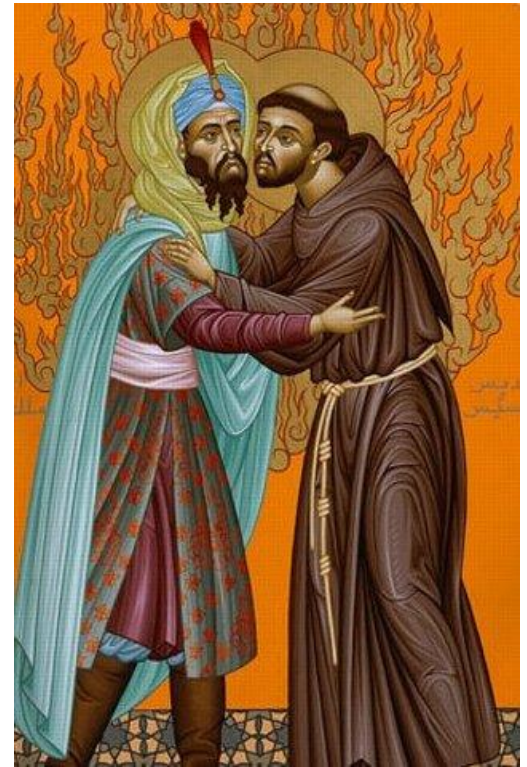
October 10-11-12-13, 2019

Le Centre de Spiritualité des Ursulines
20 rue des Ursulines, Loretteville, QC

Key Note Speaker : Michael Cusato, OFM

- Medieval Context of Francis’ Encounter with the Sultan
- Franciscan Attempts to Encounter the Muslim World
- Francis and the Encounter under the Tent
- From Damietta to La Verna and Assisi
- Radical Vision among Franciscans
- Current Efforts of Pope Francis to Recapture the Vision

Registration, Accommodations and Meals - \$250.00
To register, contact Sherrill Guimond at sherrill.rfec@gmail.com



Regional Spiritual Conference 2019



The 2019 Spiritual Conference of the Regional Fraternity of Eastern Canada will be held on the weekend of August 9-11, 2019 in Cacouna, QC.

The theme of the conference is “REBUILD MY HOUSE” and will be facilitated by Fr. Guylain Prince, OFM.

The registration form and information on Fr. Guylain are included in this newsletter as Attachment 1 and 2, respectively.

Annual Fraternity Retreat– Save the Date

The St. Francis of Assisi Fraternity annual retreat will be held on **October 4-6, 2019** at **Our Lady of Hope Retreat Centre in Bayview, PEI.**

The retreat begins at 6 pm on Friday evening and concludes at 1 pm on Sunday (after lunch)

The retreat will be facilitated by Fr. Benny Vincent, ofm cap.

The theme will be “Exploring & Practicing Franciscan Prayer”.



Fr. Benny is the recently appointed Regional Spiritual Assistant for our region, the Regional Fraternity of Eastern Canada.

The format of the retreat will be a series of 5 presentations on Franciscan prayer, each followed by 30 minutes of practicing Franciscan prayer. The theme and format of the retreat follow the suggestions and recommendations of the participants of last year's retreat.

The retreat will also include the popular "Saturday Night Live", so bring your playful side and join in the songs, skits and storytelling.

The cost for the retreat is \$180 per person. This includes the cost of \$148.50 per person charged by the retreat centre (for 2 overnight stays, an ensuite room, 5 meals and snacks during the breaks) and \$31.50 per person to cover the expenses for travel, accommodation and honorarium for the facilitator.

The registration form is attached to this newsletter (Attachment 3).

The registration deadline is Friday, Sept. 20, 2019.

May Birthdays

June 6	Sr. Gemma Dunn	
June 11	Marion Clorey	
June 13	Kathleen May	(Feast of St. Anthony)
June 15	Lorraine Gillan	
June 16	Tom Wilkinson	
June 22	Doug Hagen	

Happy Birthday All! Blessings to you and your families.

Lunch Schedule

Michael & Ruth Cassidy

Newsletter

Newsletter items are always welcome. You may send them before the last Wednesday of the month to Doug Clorey at jdclcorey@bellaliant.net.

Upcoming Events

Fraternity Meeting - Sunday, June 9, 2019 at 7:00 pm in St. Francis of Assisi parish centre, Cornwall

Regional Spiritual Conference – August 9-11, 2019 in Cacouna, QC

Annual Retreat - October 4-6, 2019 at Our Lady of Hope Retreat Centre in Bayview, PEI

National Spiritual Conference – October 10-13, 2019 at Le Centre de Spiritualité des Ursulines, Loretteville, QC

REGISTRATION FORM

**Secular Franciscan Order – Regional Fraternity
of Eastern Canada
Regional Spiritual Conference**

**August 9,10,11, 2019
Le Cenacle, Cacouna, Quebec**

Name: _____

Address: _____

Phone #: _____ **E-mail:** _____

Fraternity name and location: _____

Dietary restrictions: _____

The registration deposit for this conference is \$40.00. Those who prefer to forward full registration fee may do so. Otherwise, balance is due upon arrival.

The registration fee includes your room for 2 nights plus all meals (including Friday supper), all nutrition breaks and conference expenses.
Private Room (1 person) = \$140.00
Shared Room (2 persons) = \$125.00 each
Private Room with Ensuite (1 person) = \$170.00
Shared Room with Ensuite (2 persons) = \$155.00 each

I wish the following accommodation – Please check room type required:

Private Room _____

Shared Room _____ **person with whom you are sharing** _____

Private Room with Ensuite _____

Shared Room with Ensuite _____

Handicap Room _____

Please see Page 2

There is a block of rooms reserved for women only (on a first come, first served basis)

Indicate if you want a room within this block of rooms _____

Everyone is required to bring their own sheets, pillow cases, towels etc.

The registration deadline is July 1st.

Any cancellation before July 1st will have their deposit or registration fee returned.

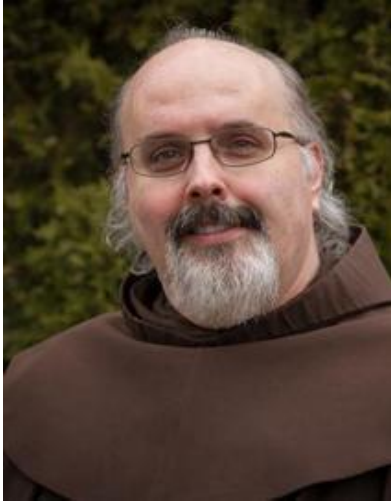
Cancellation after July 1st will forfeit the \$40.00 deposit.

Make cheque payable to: The Regional Fraternity of Eastern Canada

Forward the completed Registration Form and deposit or full payment to:

Luba Legault, ofs, 211-1975 Rene Levesque O., Montreal, QC, H3H 2R3

Contact Information: luba.duczak@gmail.com Tel: (514) 935-8446



Regional Spiritual Conference 2019

Theme: *Rebuild my house*

Retreat leader: *Fr. Guylain Prince, OFM*

Fr. Guylain Prince, OFM, is from the Franciscan Friary in Trois Rivières, Quebec where the remains of Blessed Father Frederic Janssoone, OFM are contained in the chapel. He is a gifted facilitator whose specialties include biblical studies and evangelization through music. He has extensive knowledge of Blessed Father Frederic Janssoone, the Patron of our Regional Fraternity of Eastern Canada.

Fr. Guylain Prince, OFM, was appointed a Definitor (Councillor) for our new Canadian OFM Province of the Franciscan Order, Holy Spirit Province Saint-Esprit. The Province describe Fr. Guylain on their web site as a Biblical scholar, a speaker, a priest and yes, also a choir director. Obviously, Father Guylain is a Franciscan with many talents.

Fr. Guylain is the author of the book, *L'humble prier, 2016 (Prayer of the Heart)*, a reflection of approximately 100 pages on hesychastic prayer. The term "hesychastic" comes from the Greek word *hesychia*, meaning "peace."

"...the *Jesus Prayer* has been for Fr. Guylain the most intimate and the deepest expression of his life in God, just after the Sacred Scriptures. But it was during a sabbatical in Nazareth in August 2015 that he discovered a way to incorporate "Abba," the Our Father, into hesychastic prayer. This peace comes from the ability to maintain a Kingdom of God perspective in all things. It's about seeking a life of quality, and not just quality of life. Here is a key passage from his book, highlighting the presence and infinite love of God: "I never get tired of bringing together different viewpoints and bringing them before God's grace. I have prayed in front of prisons, amid demonstrations, on mountaintops and in poor neighbourhoods. Also, I prayed to God with a mother who had just lost her child. Always, everywhere, with the same little prayer. So far, I haven't found a place where God did not want to be found."

Fr. Guylain also "blogs" on the Holy Spirit Province web site. Here are a couple of examples of his blogs:

"Recently, I wrote a short reflection on Facebook. At the end of a busy day, I was tired. It wasn't the kind of fatigue that comes from tension or an injury, but the kind you feel after a day when you've given the best of yourself. A phrase from the Gospel bubbled up in my heart: "Today's trouble is enough for today" (Mt 6:34). Sometimes I worry about tomorrow ... but not that time. I had worked really hard. Despite all the things that happen in life, my heart remains devoted to the Gospel and to my sisters and brothers. ... I hope that at the end of my life, I can say that I did my best. Quite frankly, I desire nothing more. Everything starts with 'Today's trouble is enough for today'."

"The need for landmarks: As I strolled through a small art gallery recently, I saw on a shelf some wonderful little inukshuks. In an instant, I found myself back in the early 1990s, when I was a lay missionary in the Canadian Arctic. An "Inuk – shuk" resembles a human figure. I couldn't help but think that our world needs landmarks; the inukshuk is one. Inuit put inukshuks in strategic places, especially to mark the path of the caribou herds and direct them to a cul-de-sac, where hunting would be easier. At other times, these rock sculptures help people find their way. Winter and summer, they are there, within sight along the way. We need points of reference to know how to move forward in this vast and at times confusing world, but also to discover what is essential and what endures."

**St Francis of Assisi Fraternity
ANNUAL RETREAT 2019
Registration Form**

The St. Francis of Assisi Fraternity annual retreat will be held on **October 4-6, 2019** at **Our Lady of Hope Retreat Centre in Bayview, PEI** (directions attached). The retreat begins at 6 pm on Friday evening and concludes at 1 pm on Sunday (after lunch).

**The retreat will be facilitated by Fr. Benny Vincent, ofm cap. The theme will be
Exploring & Practicing Franciscan Prayer.**

Fr. Benny is the recently appointed Regional Spiritual Assistant for our region, the Regional Fraternity of Eastern Canada. We cordially invite you to join us for this prayerful week-end.

- The cost for the retreat is **\$180.00 per person**. This includes the cost of \$148.50 per person charged by the retreat centre (for 2 overnight stays, 5 meals and snacks during the breaks) and \$31.50 per person to cover the expenses for travel, accommodation and honorarium for the facilitator.
- Each room at the retreat centre contains a bathroom ensuite, and towels and bed linens are provided.
- To take full advantage of the retreat, everyone attending is expected to stay at the retreat centre from Friday evening until Sunday afternoon.
- There will not be a reduced rate for those attending only part of the retreat. **All registrants, whether they stay overnight or not, will have individual rooms for privacy, meditations, etc.**

Please complete the registration form below and return it, along with the full payment of \$180.00, to **Michael Cassidy, 5 Arbour Lane, Cornwall, PE C0A 1H4**.

- Make cheques payable to "St. Francis of Assisi Fraternity".
- Registration with payment must be received by **Friday, September 20, 2019**.
- Cancellation date for refund: on or before **Sunday, September 29, 2019**.

Note: To cancel or obtain more information, contact Michael Cassidy at 902-368-9309 or at mcassidypei@hotmail.com)

**St Francis of Assisi Fraternity
ANNUAL RETREAT 2019**

Registration Form

Name _____

Address _____

Phone # _____ E-mail _____

Local Fraternity _____

Room requirements (please check): Single _____ Double _____

Will share a room with _____

Emergency contact _____ Phone # _____

Dietary Requirements/ Concerns (Please specify)

OUR LADY OF HOPE RETREAT CENTRE

Civic Address:

67 Reid Road, Bayview, PE

Website: hopepei.com

Email: ourladyofhope.pei@gmail.com

Tel. 1-902-621-2385

Fax. 1-902-621-2387

Location:

<https://www.google.ca/maps/place/67+Reid+Rd,+Breadalbane,+PE+C0A+1E0/@46.4698947,-63.4464268,15.18z/data=!4m5!3m4!1s0x4b5f8e30d856d79d:0x79812ce0ab70f8a9!8m2!3d46.4688193!4d-63.4383999>

Webmail | Inbox - jdclorey@gmail.com | Google Calendar - Week | 67 Reid Rd - Google Maps

Secure | <https://www.google.ca/maps/place/67+Reid+Rd,+Breadalbane,+PE+C0A+1E0/@46.4698947,-63.4464268,15.18z/data=!4m5!3m4!1s0x4b5f8e30d856d79c>

Apps | President's Choice Fin | TD Online Banking | TD Bank Online Bank | RBC Royal Bank of Ca | iTunes Store | Public Service Health | Public Service Dental | Other bookmarks

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